



Certification in Sport & Exercise Massage

Approved for 100 KY-
CEUs by the Kentucky
Board of Massage
Therapy
&
The Louisville School of
Massage

The *Certification in Sport & Exercise Massage* will give you the tools you need to work with athletes, whether casual, weekend warriors or professional. This knowledge is absolutely essential for those interested in working with athletes and the physically active population. Course is individualized to your schedule with a maximum of two years to complete.

Successful completion:

- a deeper understanding of anatomy & physiology, kinesiology, pathology and orthopedic assessment as it relates to athletes,
- a knowledge of specific athletic injuries which are particular to the athletic population,

- an ability to communicate effectively with other healthcare professionals, such as athletic trainers, physical therapists, orthopedic surgeons and primary care physicians,
- the ability to know when to refer in a timely manner to an appropriate healthcare professional,
- an expertise in how to incorporate massage therapy in the overall treatment plan for the athlete,
- an understanding of sports and willingness to stay current with the research.

100 Hour Certification in Sport & Exercise Massage Program

- 60 hours of classroom, lecture, online sessions
- 20 hours shadowing an approved sports professional
- 15 hours approved sports field experience of your choice
- 5 hours synthesis seminar and individual case studies
- written/practical comprehensive examination

Cost: \$1999.00 entire program. Monthly payments can be arranged. Non-refundable deposit required.

Instructor: Michael Montgomery, MA, ATC, NATA, LAT, LMT, NCTMB, Nationally Certified & State Licensed both as an Athletic Trainer & Massage Therapist; Collegiate, International, Olympic experience; Centennial Olympic Games 1996 Atlanta. Graduate, Louisville School of Massage



**Further information contact the instructor at
502/460-4557 or mwmont@gmail.com**